DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moreels Barbara

Coaches: Luypaert Dieter HEADCOACH

Coaches: Meskens Dries

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:00

Heat: 1/2 Lane : 2 Athlete: MEEUS JANNE — **Q-time: 02:20:36**

PB (25m pool): 02:20.36 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 02:20.36 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		01:03.22		02:20.36	
		01:03.22		*01:17.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:00

Heat: 1/2 Lane : 3 Athlete: DE CORTE MATHIS — **Q-time: 02:11:15**

PB (25m pool): 02:11.15 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 02:11.15 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		01:02.05		02:11.15	
		01:02.05		*01:09.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:00

Heat: 1/2 Lane : 4 Athlete: KEPPENS NORE — **Q-time: 02:12:56**

PB (25m pool): 02:12.56 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 02:12.56 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		01:04.56		02:12.56	
		01:04.56		*01:08.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:03

Heat: 2/2 Lane : 4 Athlete: ECKEMAN DRIES — **Q-time: 01:49:71**

PB (25m pool): 01:49.71 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:49.71 Durmehal 27/09/2026

	25M	50M	75M	100M	
PB		00:51.64		01:49.71	
		00:51.64		*00:58.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:03

Heat: 2/2 Lane : 5 Athlete: SCHEPERS ARNE — **Q-time: 01:52:28**

PB (25m pool): 01:52.28 Durmehal 27/09/2026 **PB (50m pool):** 02:03.93 **SB:** 01:52.28 Durmehal 27/09/2026

	25M	50M	75M	100M	
PB		00:52.15		01:52.28	
		00:52.15		*01:00.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:11

Heat: 2/6 Lane : 1 Athlete: TANASE DARIA — **Q-time: 03:58:00**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:11

Heat: 2/6 Lane : 3 Athlete: DE WOLF ROOS — **Q-time: 02:55:92**

PB (25m pool): 02:55.92 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 02:55.92 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:39.87		01:25.47		02:12.73		02:55.92
		00:39.87		*00:45.60*		*00:47.26*		*00:43.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 09:26

Heat: 6/6 Lane : 3 Athlete: VAN DEN BREMT SARAH — **Q-time: 02:16:97**

PB (25m pool): 02:16.85 Diksmuide 17/11/2024 **PB (50m pool):** 02:18.90 **SB:** 02:16.97 Durmehal 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.96		01:05.81		01:41.71		02:16.85
	00:30.96		*00:34.85*		*00:35.90*		*00:35.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 09:26

Heat: 6/6 Lane : 4 Athlete: VAN DE WINKEL LOLA — **Q-time: 02:22:99**

PB (25m pool): 02:22.99 TEMSE 23/11/2025 **PB (50m pool):** 02:27.38 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.46		01:10.30		01:47.53		02:22.99
	00:33.46		*00:36.84*		*00:37.23*		*00:35.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:2, starttime: 09:33

Heat: 2/6 Lane : 2 Athlete: DIERICK ROBBE — **Q-time: 03:14:17**

PB (25m pool): 03:14.17 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 03:14.17 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.97		01:32.79		02:24.08		03:14.17
	00:42.97		*00:49.82*		*00:51.29*		*00:50.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 09:47

Heat: 6/6 Lane : 5 Athlete: VAN DEN BREMT MATHIAS — **Q-time: 02:08:40**

PB (25m pool): 02:08.40 TEMSE 23/11/2025 **PB (50m pool):** 02:11.57 **SB:** 02:08.60 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.74		01:02.89		01:35.94		02:08.40
	00:29.74		*00:33.15*		*00:33.05*		*00:32.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:58

Heat: 2/7 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 06:21:72**

PB (25m pool): 06:34.90 Lokeren 28/09/2025 **PB (50m pool):** 06:21.72 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:42.99		01:33.76		02:25.73		03:16.84
		00:42.99		*00:50.77*		*00:51.97*		*00:51.11*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		04:08.58		05:00.48		05:49.87		06:34.90
		00:51.74		*00:51.90*		*00:49.39*		*00:45.03*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:58

Heat: 2/7 Lane : 2 Athlete: BELMANS MARGAUX — **Q-time: 06:17:12**

PB (25m pool): 06:28.91 Lokeren 28/09/2025 **PB (50m pool):** 06:17.12 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:42.86		01:32.61		02:23.38		03:13.67
		00:42.86		*00:49.75*		*00:50.77*		*00:50.29*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		04:03.08		04:51.91		05:41.61		06:28.91
		00:49.41		*00:48.83*		*00:49.70*		*00:47.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 10:12

Heat: 4/7 Lane : 1 Athlete: HEYLEN ROOS — **Q-time: 05:46:48**

PB (25m pool): 05:58.42 Lokeren 28/09/2025 **PB (50m pool):** 05:46.48 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:41.05		01:26.91		02:13.93		03:00.70
		00:41.05		*00:45.86*		*00:47.02*		*00:46.77*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:46.34		04:32.85		05:19.60		05:58.42
		00:45.64		*00:46.51*		*00:46.75*		*00:38.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 10:12

Heat: 4/7 Lane : 5 Athlete: DEBAETS ELIEN — **Q-time: 05:43:93**

PB (25m pool): 05:43.93 Lokeren 28/09/2025 **PB (50m pool):** 05:53.89 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:36.80		01:19.73		02:03.61		02:48.93
		00:36.80		*00:42.93*		*00:43.88*		*00:45.32*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:33.42		04:18.90		05:03.73		05:43.93
		00:44.49		*00:45.48*		*00:44.83*		*00:40.20*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:6, starttime: 10:25

Heat: 6/7 Lane : 3 Athlete: VANDER MIJNSBRUGGE LORE — **Q-time: 05:15:72**

PB (25m pool): 05:25.06 EEKLO 04/10/2026 **PB (50m pool):** 05:15.72 **SB:** 05:25.06 EEKLO 04/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:15.63		no time		02:38.31
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:25.06
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:1, starttime: 10:37

Heat: 1/5 Lane : 2 Athlete: PINTILIE FABIAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:2, starttime: 10:45

Heat: 2/5 Lane : 6 Athlete: REYNIERS WARRE — **Q-time: 06:55:02**

PB (25m pool): 06:55.02 Dendermonde. 22/11/2025 **PB (50m pool):** 06:59.60 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:41.17		no time		03:29.56
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:55.02
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:3, starttime: 10:52

Heat: 3/5 Lane : 1 Athlete: BOEL ELIAS — **Q-time: 05:25:09**

PB (25m pool): 05:25.09 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 05:45.06 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:34.92		01:14.90		01:56.04		02:37.61
		00:34.92		*00:39.98*		*00:41.14*		*00:41.57*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:19.79		04:01.69		04:43.77		05:25.09
		00:42.18		*00:41.90*		*00:42.08*		*00:41.32*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:3, starttime: 10:52

Heat: 3/5 Lane : 2 Athlete: LUYPAERT EDEN — **Q-time: 05:18:15**

PB (25m pool): 05:12.89 Aartselaar 01/11/2024 **PB (50m pool):** 05:34.79 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:13.09		no time		02:33.31
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:12.89
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:3, starttime: 10:52

Heat: 3/5 Lane : 5 Athlete: SCHEPERS RUBEN — **Q-time: 05:22:90**

PB (25m pool): 05:22.90 Aartselaar 01/11/2025 **PB (50m pool):** 05:48.20 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:17.06		no time		02:40.18
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:22.90
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:4, starttime: 10:59

Heat: 4/5 Lane : 5 Athlete: DE COCK MATZ — **Q-time: 04:58:90**

PB (25m pool): 05:01.32 Lokeren 28/09/2025 **PB (50m pool):** 04:58.90 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:33.07		01:10.72		01:49.26		02:28.43
		00:33.07		*00:37.65*		*00:38.54*		*00:39.17*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:08.21		03:47.39		04:26.05		05:01.32
		00:39.78		*00:39.18*		*00:38.66*		*00:35.27*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:4, starttime: 10:59

Heat: 4/5 Lane : 6 Athlete: MAES JORDY — **Q-time: 05:00:20**

PB (25m pool): 05:00.61 T ROSCO 12/10/2025 **PB (50m pool):** 05:00.20 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:34.57		01:10.13		01:46.49		02:24.59
		00:34.57		*00:35.56*		*00:36.36*		*00:38.10*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:03.62		03:43.11		04:22.50		05:00.61
		00:39.03		*00:39.49*		*00:39.39*		*00:38.11*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:5, starttime: 11:04

Heat: 5/5 Lane : 1 Athlete: VERHULST MEINDERT — **Q-time: 04:47:14**

PB (25m pool): 04:47.14 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 05:01.97 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:31.54		01:06.67		01:43.30		02:19.74
		00:31.54		*00:35.13*		*00:36.63*		*00:36.44*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		02:55.96		03:33.45		04:10.87		04:47.14
		00:36.22		*00:37.49*		*00:37.42*		*00:36.27*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:5, starttime: 11:04

Heat: 5/5 Lane : 2 Athlete: POPPE WARRE — **Q-time: 04:43:98**

PB (25m pool): 04:43.98 T ROSCO 12/10/2025 **PB (50m pool):** 04:51.17 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:31.49		01:07.30		01:44.21		02:20.86
		00:31.49		*00:35.81*		*00:36.91*		*00:36.65*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		02:57.57		03:33.26		04:09.85		04:43.98
		00:36.71		*00:35.69*		*00:36.59*		*00:34.13*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 10-9 — Heat:1, starttime: 11:10

Heat: 1/2 Lane : 4 Athlete: DE CORTE MATHIS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 6: 100M MEDLEY MIXED 10-9 **Heat:1, starttime: 11:10**

Heat: 1/2 Lane : 5 Athlete: SCHEPERS ARNE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 10-9 **Heat:2, starttime: 11:12**

Heat: 2/2 Lane : 1 Athlete: ECKEMAN DRIES **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 10-9 **Heat:2, starttime: 11:12**

Heat: 2/2 Lane : 4 Athlete: MEEUS JANNE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 10-9 **Heat:2, starttime: 11:12**

Heat: 2/2 Lane : 6 Athlete: KEPPENS NORE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:2, starttime: 11:16

Heat: 2/6 Lane : 4 Athlete: MORATO ALIX — **Q-time: 01:43:02**

PB (25m pool): 01:43.02 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:43.02	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:4, starttime: 11:21

Heat: 4/6 Lane : 2 Athlete: DEBAETS ELIEN — **Q-time: 01:25:88**

PB (25m pool): 01:25.88 Lokeren 28/09/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.92		01:25.88	
	00:40.92		*00:44.96*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:26

Heat: 6/6 Lane : 3 Athlete: CORNELIS ENID — **Q-time: 01:10:52**

PB (25m pool): 01:08.97 LEUVEN 14/11/2021 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:08.97	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:26

Heat: 6/6 Lane : 4 Athlete: VAN DEN BREMT SARAH — **Q-time: 01:12:67**

PB (25m pool): 01:12.67 TEMSE 30/03/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.24		01:12.67	
	00:33.24		*00:39.43*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 8: 100M MEDLEY MEN 11+ — Heat:3, starttime: 11:33

Heat: 3/6 Lane : 2 Athlete: DE LANDSHEER OSKAR — **Q-time: 01:42:17**

PB (25m pool): 01:42.17 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** 01:43.47 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:42.17	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:6, starttime: 11:40

Heat: 6/6 Lane : 1 Athlete: VAN DEN BREMT MATHIAS — **Q-time: 01:08:20**

PB (25m pool): 01:08.20 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.27		01:08.20	
		00:31.27		*00:36.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+ — Heat:4, starttime: 11:56

Heat: 4/5 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 00:33:00**

PB (25m pool): 00:33.00 EEKLO 04/10/2026 **PB (50m pool):** 00:35.25 **SB:** 00:33.00 EEKLO 04/10/2026

	25 M	50 M	
PB		00:33.00	
		00:33.00	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+ — Heat:4, starttime: 12:03

Heat: 4/4 Lane : 6 Athlete: DE COCK MATZ — **Q-time: 00:29:11**

PB (25m pool): 00:28.44 Durmehal 27/09/2026 **PB (50m pool):** 00:29.11 **SB:** 00:28.44 Durmehal 27/09/2026

	25 M	50 M	
PB		00:28.44	
		00:28.44	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:1, starttime: 12:04

Heat: 1/3 Lane : 4 Athlete: TANASE DARIA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 12:09

Heat: 3/3 Lane : 3 Athlete: VAN DEN BREMT SARAH — **Q-time: 01:08:49**

PB (25m pool): 01:08.49 TEMSE 23/11/2025 **PB (50m pool):** 01:11.96 **SB:** 01:10.75 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:33.25		01:08.49	
		00:33.25		*00:35.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 12:09

Heat: 3/3 Lane : 5 Athlete: VANDER MIJNSBRUGGE LORE — **Q-time: 01:15:14**

PB (25m pool): 01:15.14 Temse 17/11/2025 **PB (50m pool):** 01:16.91 **SB:** 01:17.35 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:36.49		01:15.14	
		00:36.49		*00:38.65*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:1, starttime: 12:11

Heat: 1/2 Lane : 3 Athlete: LUYPAERT EDEN — **Q-time: 01:18:64**

PB (25m pool): 00:45.03 Temse 12/03/2023 **PB (50m pool):** 01:20.03 **SB:** 01:18.64 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		00:45.03	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 12:14

Heat: 2/2 Lane : 1 Athlete: MAES JORDY — **Q-time: 01:13:19**

PB (25m pool): 01:13.19 T ROSCO 12/10/2025 **PB (50m pool):** 01:14.03 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.12		01:13.19	
		00:36.12		*00:37.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 12:14

Heat: 2/2 Lane : 3 Athlete: POPPE WARRE — **Q-time: 01:04:94**

PB (25m pool): 01:04.94 Durmehal 27/09/2026 **PB (50m pool):** 01:07.51 **SB:** 01:04.94 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:31.74		01:04.94	
		00:31.74		*00:33.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 12:14

Heat: 2/2 Lane : 4 Athlete: VAN DE WINKEL MILAN — **Q-time: 01:08:08**

PB (25m pool): 01:08.08 EEKLO 04/10/2026 **PB (50m pool):** 01:09.85 **SB:** 01:08.08 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.40		01:08.08	
		00:33.40		*00:34.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 12:14

Heat: 2/2 Lane : 6 Athlete: SCHEPERS RUBEN — **Q-time: 01:17:14**

PB (25m pool): 01:17.14 Temse 31/05/2026 **PB (50m pool):** 01:18.38 **SB:** 01:17.44 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.36		01:17.14	
		00:37.36		*00:39.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 12:16

Heat: 1/6 Lane : 5 Athlete: DE WOLF ROOS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 12:19

Heat: 2/6 Lane : 1 Athlete: MORATO ALIX — **Q-time: 01:49:63**

PB (25m pool): 01:49.63 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:49.63 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:52.20		01:49.63	
	00:52.20		*00:57.43*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 12:21

Heat: 3/6 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 01:42:91**

PB (25m pool): 01:42.91 EEKLO 04/10/2026 **PB (50m pool):** 01:44.17 **SB:** 01:42.91 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.74		01:42.91	
	00:47.74		*00:55.17*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 12:21

Heat: 3/6 Lane : 6 Athlete: HEYLEN ROOS — **Q-time: 01:43:44**

PB (25m pool): 01:43.44 Sint-Niklaas 28/12/2025 **PB (50m pool):** 01:46.31 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.29		01:43.44	
	00:49.29		*00:54.15*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 12:26

Heat: 5/6 Lane : 1 Athlete: BELMANS MARGAUX — **Q-time: 01:31:04**

PB (25m pool): 01:31.04 Temse 31/05/2026 **PB (50m pool):** 01:33.96 **SB:** 01:31.54 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:43.07		01:31.04	
		00:43.07		*00:47.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 12:26

Heat: 5/6 Lane : 4 Athlete: DEBAETS ELIEN — **Q-time: 01:28:26**

PB (25m pool): 01:28.26 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:31.59 **SB:** 01:28.26 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.68		01:28.26	
		00:42.68		*00:45.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 12:28

Heat: 6/6 Lane : 3 Athlete: VAN DE WINKEL LOLA — **Q-time: 01:20:50**

PB (25m pool): 01:20.50 Temse 31/05/2026 **PB (50m pool):** 01:22.62 **SB:** 01:21.36 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.55		01:20.50	
		00:38.55		*00:41.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 12:28

Heat: 6/6 Lane : 4 Athlete: CORNELIS ENID — **Q-time: 01:20:65**

PB (25m pool): 01:14.79 Ronse 15/10/2023 **PB (50m pool):** 01:17.80 **SB:** 01:20.65 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:14.79	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:1, starttime: 12:31

Heat: 1/5 Lane : 1 Athlete: DE LANDSHEER OSKAR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:1, starttime: 12:31

Heat: 1/5 Lane : 2 Athlete: PINTILIE FABIAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:1, starttime: 12:31

Heat: 1/5 Lane : 3 Athlete: DIERICK ROBBE — **Q-time: 01:57:84**

PB (25m pool): 01:57.84 EEKLO 04/10/2026 **PB (50m pool):** 02:09.89 **SB:** 01:57.84 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:55.95		01:57.84	
	00:55.95		*01:01.89*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:2, starttime: 12:34

Heat: 2/5 Lane : 1 Athlete: REYNIERS WARRE — **Q-time: 01:52:42**

PB (25m pool): 01:58.47 Lokeren 28/09/2025 **PB (50m pool):** 01:52.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.92		01:58.47	
	00:54.92		*01:03.55*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: AZL

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 12:39

Heat: 4/5 Lane : 5 Athlete: BOEL ELIAS — **Q-time: 01:27:20**

PB (25m pool): 01:27.20 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:30.60 **SB:** 01:27.20 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.40		01:27.20	
		00:41.40		*00:45.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 12:41

Heat: 5/5 Lane : 1 Athlete: VAN DEN BREMT MATHIAS — **Q-time: 01:20:73**

PB (25m pool): 01:20.73 Temse 17/11/2025 **PB (50m pool):** 01:25.11 **SB:** 01:22.01 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:38.33		01:20.73	
		00:38.33		*00:42.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 12:41

Heat: 5/5 Lane : 3 Athlete: VERHULST MEINDERT — **Q-time: 01:10:46**

PB (25m pool): 01:10.46 Temse 31/05/2026 **PB (50m pool):** 01:11.67 **SB:** 01:12.34 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:33.04		01:10.46	
		00:33.04		*00:37.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: